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# How To Extreme Coupon Without Extreme Stress



## Synopsis

This tell-all audiobook explains exactly how to get the coupons and find the sales you need to get loads of free groceries. Save money with extreme couponing but leave out the extreme stress. From where to find your coupons through how to store them all the way to picking out the best check-out lane, this audiobook will teach you the steps of extreme couponing. This audiobook will save you money but be warned... Extreme Couponing is addictive!

## Book Information

Audible Audio Edition

Listening Length: 1 hour and 14 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: MyParentingCoach.com

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Whispersync for Voice: Ready

Language: English

ASIN: B00BXR0MIY

Best Sellers Rank: #85 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Crafts & Hobbies #6697 in Books > Audible Audiobooks > Business & Investing #7471 in Books > Business & Money > Finance

## Customer Reviews

I've been using coupons for most of my adult life. Like many people, I started really using them a couple years ago. It became extreme and yes even addictive. I purchased items we hadn't used, some good, some flops. I purchased at great discounting, got free items and even "made" money by matching sales and coupons. I wasn't in the extreme area of purchasing so much I had "to invent" storage solutions. My husband's work is seasonal, so I did stock up for the winter lay off. I started off with a binder and clipped every coupon. I purchased up to 4 papers a week and a 6 month subscription to All You. I spent countless hours clipping, sorting, organizing coupons and surfing the web and paper ads. Sometimes I would go to 4 stores a week. I was able to use and donate most all items I purchased. I averaged a 50-80 percent savings each trip. And then decided I was not saving as much as I thought after I added up the fuel, paper and subscription cost along with my time it costs. I simplified. Now I purchase 2 papers, only if it's going to save me more than it costs. You can preview the Sunday papers coupons to see if you will use the coupons they offer

that Sunday. I only cut out the coupons we regularly use. I put these in a legal size letter holder. It's vinyl and has 12 tabs. I 1st make a list of necessity and check sale ads and websites for sales and coupons. If it's a great sale and I have coupons I stock up. If not I wait. It took me a year to learn this balance. Now I save money and time! Great stockpiling as seen on tv's Extreme Couponing in my opinion is hoarding and reality tv. I don't think we need to do that. We should buy what we need to carry us through the next sale or if you know there will be a layoff, surgery, etc.

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How to Extreme Coupon Without Extreme Stress Introduction to Derivatives and Risk Management (with Stock-Trak Coupon) Financial Markets and Institutions, Abridged Edition (with Stock-Trak Coupon) Creepie Crawlies Without Stress: Rolling Voice Adult Colouring Books (Anti Stress Book 1) Mandala Adult Coloring Book Stress Relieving Patterns Relaxation: coloring book for Adult and grown ups, Anti-Stress Art Therapy, Stress Relieving Flower Patterns Creative Oceans Coloring Book: Adult Coloring Book of Stress Relief Sea Animal Patterns and Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring Book) (Volume 1) Meat-Eating Plants and Other Extreme Plant Life (Extreme Life) Extreme Climbing (Extreme Sports No Limits!) Extreme BMX (Extreme Sports No Limits!) Extreme Cycling with Dale Holmes (Extreme Sports (Mitchell Lane)) Extreme Mountain Biking (Extreme Sports No Limits!) Balance (Angie's Extreme Stress Menders Volume 1) Cool Careers Without College for People Who Love to Cook & Eat (New Cool Careers Without College) 10% Happier: How I Tamed the Voice in My Head, Reduced Stress Without Losing My Edge, and Found a Self-Help That Actually Works Living Without Stress or Fear: Essential Teachings on the True Source of Happiness 10% Happier: How I Tamed the Voice in My Head, Reduced Stress Without Losing My Edge, and Found Self-Help That Actually Works--A True Story 10% Happier: How I Tamed the Voice in My Head, Reduced Stress without Losing My Edge, and Found a Self-Help That Actually Works--A True Story Teacher Life: A Snarky Chalkboard Coloring Book: A Unique Black Background Paper Adult Coloring Book For Teachers With Stress Relieving Patterns, ... Relaxation Stress Relief & Art Color Therapy) Coloring Book for Adults & Grown Ups: An Easy & Quick Guide to Mastering Coloring for Stress Relieving Relaxation & Health Today! (The Stress Relieving Adult Coloring Pages) Dad Life: A Manly Adult Colouring Book: A Unique Funny Adult Colouring Book For Men Fathers & Dads With Mindfulness Mandalas, Easy Stress Relieving ... Stress Relief & Art Colour Therapy)

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